## **HEAT STROKE IN DOGS**



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## How to keep your dog cool on hot days

- · Restrict exercise
- · Never leave in car, hot room or sun trap
- · Ensure drinking water and a cool, shaded spot is always available
- · Walk early in the morning or later in the evening
- Spray with cool water

## Steps to take if you're worried your dog has heat stroke

- · Move somewhere cool
- · Offer small amounts of tepid water
- · Using wet towels, douse with cool (but never, ever cold) water
- · Place in the breeze of a fan
- · Contact your vet or, out of hours, your nearest Vets Now pet emergency clinic straight away



This small increase in a dog's body temperature is all it takes for heat stroke to kick in



Dog's normal body temperature







Amount of days it can take for dogs to acclimatise to temperature changes



Minutes it can take for a dog to die of heat stroke





Average temperature white cars are cooler than black cars after being left in the sun for an hour